

# Dezvoltare personală

CDȘ - Abilități pentru dezvoltare, clasa a IV-a – Lions Quest

Prof. Lăcrămioara Clucerescu

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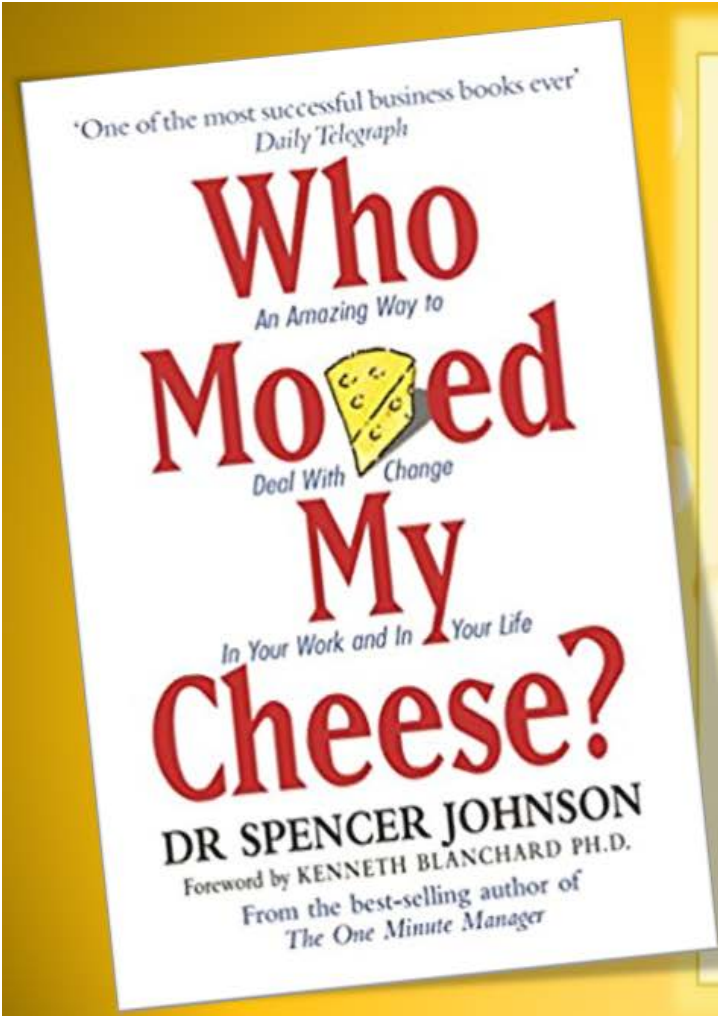


Cine mi-a luat cașcavalul?  
Urmăriți filmul cu atenție.

- <https://www.youtube.com/watch?v=3YGtXrIHgPw>

Personajele filmului sunt:.....

Ce personaj ți-a plăcut? Argumentează răspunsul!



*'One of the most successful business books ever'*  
*Daily Telegraph*


# Who Moved My Cheese?

An Amazing Way to Deal With Change  
In Your Work and In Your Life

DR SPENCER JOHNSON  
Foreword by KENNETH BLANCHARD PH.D.  
From the best-selling author of  
*The One Minute Manager*

## The 4 Protagonists

Which one are you???



<b>Sniff</b> - sniffs/looks ahead; anticipates change	<b>Scurry</b> - scurries ahead and bumps into change	<b>Hem</b> "To discuss, deliberate, or contemplate rather than taking action or making up one's mind. (e.g., <i>If you hem and haw long enough, someone else will do it first.</i> )" - Wiktionary	<b>Haw</b>
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# Ce putem spune despre fiecare? Ce simt ele? Ce emoții identificați? Ce semnificație au numele lor?



*The Sniffs who anticipate change early by sniffing it out in the marketplace, and update the corporate vision.*



*The Scurrys who quickly scurry into action and adapts. He liked to get things done, so they took action based on the new corporate vision.*



*The Hems who deny change and resist it out of fear. He wanted to work in a place that was safe and where the changes made sense to them, turning them into Haws.*



*The Haws who learn to adapt in time when they see something better. They were hesitant at first, but were open-minded enough to learn something new, and adapted.*

*So which character are you?*

Mirosilă SNIFF	Gonilă SCURRY	Șovăilă HEM	Hotărâla HAW

# Cu care personaj crezi că semeni? Reflecție.

## Who Moved My Cheese



### Sniff

- Radar is on
- Able to sniff out early change



### Scurry

- Scurry into action
- Able to start or react to change quickly



### Hem

- Reluctant to change
- May be left behind



### Haw

- Accept change
- Able to adapt Without too much hemming and hawing

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Mirosilă	Gonilă	Șovăilă	Hotărâla
Este atent la schimbările din jur	Acționează	Rezistent la schimbare	Acceptă schimbarea
Este capabil să perceapă schimbarea	Capabil să reacționeze	Rămâne la vechile obiceiuri	Capabil să se adapteze la schimbare

# Diferențe între personaje

## CE DIFERENȚE OBSERVI?

## Diferențe



### Differences In The Characters

#### Little People

- Complex Thinkers
- Used Reason
- Ignorant to Changes In Surrounding (Familiar)
- Not Prepared For Change and Did Not Change With Environment.

#### Mice

- Simplistic Thinkers
- Used Instincts
- Was Aware of Changes In Surrounding (Watchful)
- When The Environment Changed, They Changed With It.



Micuții oameni	Șoriceii
Gândire complexă	Gândire simplă
Caută explicații/motive	Se ghidează după instinct
Ignoră schimbările Nu sunt pregătiți pentru schimbare	Sunt atenți la ce se întâmplă în jur Se adaptează la mediu

# Ce reprezintă labirintul? Dar cașcavalul?

**10 SLIDE SUMMARIES**

The **Maze** represents your community, your organisation, the relationship you are in.

At the beginning of the story there is a piece of **cheese** that the four characters eat. The cheese in the Maze represents what makes us happy – money, stability, good job etc.



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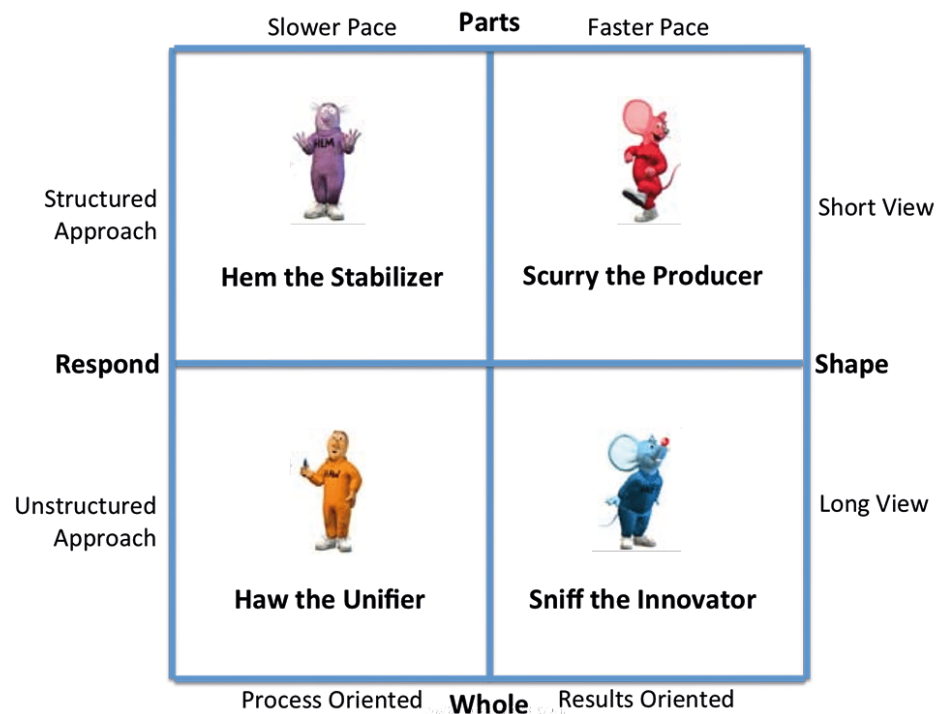
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- Labirintul este comunitatea în care trăiești, organizația din care faci parte și relațiile ce se crează în interiorul lor.
- Din ce organizație faci parte? Unde lucrezi împreună cu colegii tăi? Ce relații există?
- Cașcavalul din labirint este hrana personajelor ce oferă fericire, bani, stabilitate, serviciu etc.
- Ce este pentru voi "cașcavalul"?



# Roluri în orgnizație/clasă

Fiecare personaj are un rol.



Fiecare rol e important. Tu ce rol ai?

- Lider
- Colector
- Secretar
- Cronometror
- Reporter
- Membru al grupului
- Alt rol – Care?
- Vezi Jurnalul elevului pagina 14.

# Urmăriți ce ar putea fi personajele în viața reală

Fiecărui personaj îi sunt atribuite meseriile

Gândește-te cu ce personaj te asemeni și ce ți-ai dori să devii. Ce e necesar să faci?



**NF**  
Valuing  
Manifesting universal values and valuing people

Personal



**SF**  
Relating  
Including and building trustworthiness

Possible			
<b>ENFJ</b> <b>Teacher</b> Smooth talking charmers. Very inspiring & motivational. Often large. People leaders & persuaders. Good sense of humor. Very relationship-oriented. Like to motivate groups.	<b>INFJ</b> <b>Counselor</b> Wish to help others to achieve great things. Great awareness of human possibilities. Devoted academicians. Often professors or other therapists in a religious order.	<b>INTJ</b> <b>Mastermind</b> If they say they are going to do something, they do it. Love to be responsible leaders, scientists. Follow everything that leads to improvement. Superior planners and managers of systems.	<b>ENTJ</b> <b>Field Marshall</b> Very leadership-oriented. Likely to be top executives, business persons. Big on reducing inefficiency, red-tape. Love strategic people. Can be overwhelming to less outgoing types.
<b>ENFP</b> <b>Champion</b> Second only to ENTPs for fun. Warm lives filled with excitement and intensity. Very enthusiastic and creative. Often teachers, artists, writers. Great need for diversity and change.	<b>INFP</b> <b>Healer</b> Active towards aiding society. Different from INFJs, they try to tackle long term problems. Often psychologists or counselors. Want to save the whales and rainforests.	<b>INTP</b> <b>Architect</b> Dissect analysis of problems to be solved. Often physicists, engineers. Most good at space. Critical thinkers.	<b>ENTP</b> <b>Inventor</b> Want one exciting challenge after another. Love to problem solve. Good at strategy, creative themselves. Full of ingenuity and ideas. Often proceed to carry so, systems analysis, design.
<b>ESFP</b> <b>Performer</b> Number one in fun and enthusiasm. Usually make ENTPs to your party. The most generous of types. Warm, friendly, vibrant people. Excellent at customer service.	<b>ISFP</b> <b>Composer</b> Quietly harmonious with world. Very observant, benevolent. Often lowest work with people in need. Wish to solve problems of the immediate such as homeless, starving hunger.	<b>ISTP</b> <b>Operator</b> Ready to try anything once. Focused with the earth, the bank account. A lack of boss and the only they often worked toward mechanical devices, can take apart & reassemble anything.	<b>ESTP</b> <b>Promoter</b> Excitement seekers. Never feel more alive than when taking risks. Great negotiators on the spot. Excellent promotional & entrepreneurial capabilities if someone else follows through.
<b>ESFJ</b> <b>Provider</b> Have a firmness. Understand need of the type makes them excellent at organizing, coordinating. May be teachers, nurses. Very conscious of appearance, smooth talkers.	<b>ISFJ</b> <b>Protector</b> A high sense of duty. Guardians of family tradition. Often found in traditional nursing professions including nursing, elementary education, etc.	<b>ISTJ</b> <b>Inspector</b> Detail oriented individuals. Masters at completing practical tasks and solving boring tasks. Get-it-done people. Super administrators. Duty bound & organized, often military.	<b>ESTJ</b> <b>Supervisor</b> Detail oriented individuals. Strength in community. Logical leaders and problem solving persons. Dependable, consistent, straightforward.

Present

**NT**  
Visioning  
Putting people with ideas to an optimistic future

Logical

**ST**  
Directing  
Action from a strategic perspective



Hotărâă	Șovăilă	Mirosilă	Gonilă
Profesor	Interpret	Arhitect	Inspector
Consilier	Compozitor	Inventator	Operator
Campion Vindecător/ Doctor	Furnizor Protector	Mareșal Spirit superior	Supraveghetor Promotor

# Ce am învățat? Concluzii

## Lecții învățate



## Ce e necesar să facem?

- Acceptăm că schimbările există!
- Anticipează schimbarea!
- Monitorizează schimbarea!
- Adaptează-te la schimbare!
- Schimbă/fă schimbare!
- Bucură-te de schimbare!
- Fii pregătit de schimbare!  
Quiqlly!

# Surse – imagini utilizate în cadrul prezentării pentru uz didactic

- <https://www.pinterest.com/pin/665829126134015240/>
- <https://www.pinterest.com/pin/568790627919310884/?d=t&mt=signature>
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